

# Savemybutt Utilites Instructions Version 3

Follow these instructions to keep you Windows computer healthy and running well.

All of the current versions of the free products used here can be downloaded from <http://savemybutt.com> in the Downloads section. The link is near the top of the screen.

Here is the software you will need to download from my site.

1. Revo Uninstaller (Never download the new versions)
2. Ccleaner (Always download the new versions)
3. Malwarebytes (Always download the new versions & updates)
4. Spybot Search and Destroy (Always download the updates)
5. Spywareblaster (Always download the new versions & updates)
6. Free Registry Repair (Always download the updates)
7. Windows Advanced Care version 2 (Never download the new version)

## Regular Maintenance Procedures

Make sure that your antivirus program is current and up to date.

## Clean Fred Flinstone's Closet – Remove Unused Applications

1. Open **Revo Uninstaller**. You may want to maximize the window so it is easier to see.
2. Click on the **Down Arrow** next to the **View Icon** on the tool bar. Choose **Details**.
3. Scroll to the name of the software you want to remove and click on it to highlight it.
4. Click the **Uninstall Icon** on the tool bar at the top.
5. If the software you are removing asks if you want to remove it, click **Yes, Ok**, or **Continue**.
6. Click the radio button next to the word Advanced at the bottom of the screen and click the **Next** button.
7. Revo will now perform an analysis and start the uninstall. If the software you are removing asks you to confirm the uninstall in some way like a button that says Uninstall, Yes, or Continue, click on it.
8. When the software's uninstaller has completed, click the **Next** button to continue with Revo to start the removal of left over items.
9. When the progress bar is completed moving across the screen, press the **Next** button.

**You may or may not have to do steps 10, 11, 12, and 13 depending on the software you are uninstalling. Please pay attention to the screens.**

10. IF you get a screen that shows you left over registry entries, click on the **Select All** button and then the **Delete** button.
11. IF you get a screen that shows you left over files and folders, click on the **Select All** button and then the **Delete** button.
12. You will get a warning screen asking if you want to put the deleted files in the Recycle Bin. Click the **Yes** button.
13. IF you get a warning that says **Remaining files in the list will be deleted during the next system restart**, click OK. Next time you reboot the remaining files will be removed automatically.
14. Click the **Next** button.
15. Click the **Finish** button.

## **Clean up the temporary and junk files from your hard disk**

1. Open Ccleaner.
2. Click the **Run Cleaner** button in the lower right corner.
3. Close Ccleaner by clicking the **X** in the upper right corner.

## **Update Spyware Blaster and apply the updates**

1. Open Spyware Blaster
2. Click on the **Updates** link in the menu on the left.
3. Click the **Check For Updated** button in the middle of the page.
4. Click the **Protection Status** link in the menu on the left.
5. Click the **Enable All Protection** link near the bottom of the page.
6. Close Spyware Blaster by clicking the **X** in the upper right corner.

## **Update Spybot Search and Destroy and run the Immunization Tool (2 parts)**

### **Part One**

1. Open Spybot Search and Destroy. On Vista and 7 right click and choose **Run As Administrator**.
2. Click **OK** on the Legal Stuff window that is displayed.
3. Click the **Search For Updates** button.
4. Click on one of the **Safer-Networking [Europe]** locations.
5. Click on the **Continue** button at the bottom of the window.
6. Make sure all of the boxes for the updates are checked.
7. Click the **Download** button at the bottom of the window.

8. Click the **Exit** button at the bottom of the window when the updates are done.
9. Click the **Immunize** icon in the menu on the left.
10. Click the **Immunize** button at the top of the window.

## **Part Two, Scan for malware with Spybot Search & Destroy**

1. Click on the **Search and Destroy** icon in the menu on the left.
2. Click the **Check For Problems** button at the top of the window. The scan will begin. It could take 30 to 60 minutes for it to finish.
3. If any items are listed in red text in the main window when the scan is complete, make sure they are all checked and click the **Fix Selected Items** button at the top of the window.
4. Close Spybot Search and Destroy by clicking the **X** in the upper right corner.

## **Update Malwarebytes and Scan for malware**

1. Open Malwarebytes.
2. Click on **the Update Tab** near the top, then click on the Check for Updates button.
3. When the updates are complete, click on the **Scanner Tab** near the top.
4. Click on **the Perform quick scan** at the top of the list.
5. Click on the **Scan** button near the bottom.

When the scan is complete you can do one of two things. If nothing is found, just click the **Exit** button in the lower right corner.

If malware is found, click on the **Show Results** button in the lower right then click on the **Remove Selected** button.

A summary page will display and a message box telling you that you should reboot your computer. Go ahead and reboot. That's it.

## **Run Free Registry Repair**

**WARNING:** If this is the first time you have run Free Registry Repair, the do the following. Only do this the first time you run Free Registry Repair.

1. Open Free Registry Repair.
2. Click on the Options button on the left.
3. Click the check box Create a system restore point before repairing errors. Make sure there is a check mark in the box.
4. Click the OK button at the bottom.

1. Open Free Registry Repair

2. Click the **Full Scan** button at the top left of the screen
3. When it is finished scanning, click the **Fix Errors** button on the left. The program will create a System Restore Point then clean up everything that is in the list.
4. Click the **Exit** button on the left to close the program.

## **Tune up Windows with Advanced Windows Care v2 Personal**

1. Open Advanced Windows Care.
2. Click on the **Scan** button at the bottom of the windows. This could take several minutes depending on the speed of your computer.
3. Click the **Repair** button at the bottom of the windows when the scan is done.
4. Close Advanced Windows Care by clicking the **Close** button at the bottom of the window.

## **Defragment your hard disk**

1. Click on the **Start** button in the lower left of the the computer screen.
2. Click on **All Programs**.
3. Click on **Accessories**.
4. Click on **System Tools**.
5. Click on **Disk Defragmenter**.